



**MY BRAIN HAS ITS OWN LANGUAGE:
LEARNING ABOUT AUTISM & ADHD**

by childbook.ai





Ella always felt like she was exploring a different world, one full of colors and patterns that no one else seemed to notice. Walking to school, she'd get lost in the rhythm of the leaves dancing in the wind or the intricate designs on the sidewalk. 'Your brain is like a kaleidoscope,' her mom would say

with a smile. 'Always shifting, always beautiful.' Ella loved that her world was special, but sometimes, she wished she could share it with others.



In class, Ella found it hard to sit still. Her thoughts raced like shooting stars, each one bright and fleeting. When she tried to explain

her ideas, the words didn't always come out right. 'It's like my brain speaks its own language,' she thought. Her classmates didn't always understand, leaving Ella feeling like she was on the outside looking in.



One day, a new teacher, Mr. Jones, noticed Ella's colorful drawings. 'Your brain does

speak its own language, Ella,' he said. 'And it's a beautiful one.' He introduced her to books and stories about other kids with ADHD and Autism. Ella realized she wasn't alone. There were others who saw the world in vibrant colors and patterns, just like her.



Ella began to share her experiences more

confidently. With Mr. Jones' help, she found ways to express her thoughts so others could understand. She started a school project about neurodiversity, teaching her classmates about the beauty of different minds. Ella's world wasn't so lonely anymore. She had found a way to bridge her world with theirs, showing everyone that different doesn't mean less—it just means different.